QA Program Learning Plan Form

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| Michael Turner | 110152658 |
| Name | Student Number |
| Year 3 | NURS 3542-38-R-2023-F |
| QA Year | Course |
| Pediatrics-Windsor Regional Hospital-Met Campus 3rd Floor | |
| Current Practice Setting | |

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| Learning Needs  What learning needs did I identify through Practice Reflection? |  |
| |  | | --- | | My experience has shown me that I need to improve my head-to-toe assessments, but because I work on the pediatrics floor, I also need to learn how to complete them swiftly so as not to agitate the child before finishing my exam. I need to be able to do this confidently and accurately as with children changes can come quickly and if left to long can become a serious problem. I will do everything I can to become familiar with the Wong-Baker pain scale. Additionally, I must be familiar with pediatric calculations and practice making calculations using the appropriate instruments. | | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I will demonstrate a pediatric head-to-toe examination in 5 minutes by October 31, 2023. This is based on principle #3: nurses maintain patients trust by providing safe and competent care. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | -I will thoroughly review the OSCE that was provided to utilize on Brightspace and ensure that I am comfortable with every portion by September 31st ,2023.  -I'll have my reference cards with me throughout the clinical so I can use them as a fast study guide before going into the child's room and making sure I don't forget any test topics so I don't have to go back this will be efficient by October 31st/2023  -I will interact with the child and give them a toy to keep them occupied so that I can efficiently give a head-to-toe while keeping it non-traumatic by October 31st/2023  I will demonstrate enhanced head-to-toe examinations for youngsters to find any problems fast without losing the child's interest. This will be confirmed by my coworkers, my clinical teacher, and the nurses I interact with. I'll give an effective, successful demonstration of atraumatic care. To ensure that I am presenting appropriate vitals depending on the child's age, I will use the materials that are readily available for vitals. I'll show that I have an understanding of the proper growth patterns and measurements for the age of the child I'm evaluating. I will demonstrate an understanding of appropriate reflexes. | |

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| **Learning Goal #2**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I will demonstrate full understanding and use of Wong-Baker and FLACC pain scale by October 31st, 2023. This goal pertains to principle #3: nurses maintain patient trust by providing safe and competent care. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | -In order to better grasp it, I will memorize the Wong-Baker pain scale faces by October 31st/2023.  -I will familiarize myself with the FLACC pain scale and no each category by October 31st/2023.  -I will assess my child’s pain scale every hour when doing IV checks and be proficient by October 31st/2023.  I will demonstrate my knowledge of the Wong-Baker pain scale, the proper faces for each level of pain, and make sure that it is done on kids of appropriate age. My coworkers, clinical instructor, and the nurses I work with will attest to this. I'll explain why the Wong-Baker pain scale is preferred to the numerical pain scale and how it works. I'll show you when it's okay to apply this scale, covering the age range and whether it may be applied to kids who have problems communicating effectively. I will conduct both my own research and utilize the materials my clinical instructor has provided. In order to properly care for my patients and ensure that I give them atraumatic treatment, I will demonstrate how to use this scale. I'll use this scale to gauge the child's comfort level and make sure they remain within the therapeutic pain range. | |

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| **Learning Goal #3**  **For carry over goals from previous semester (as identified by your previous clinical instructor) or optional additional learning goals.**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | -I will demonstrate accurate pediatric medication calculations by December 12th, 2023. This goal pertains to principle #3: nurses maintain patient trust by providing safe and competent care. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #3 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | -I will practice my medicine calculations using the Brightspace resources by September 31st, 2023  -I will study and concentrate on my pediatric-specific drug calculations using online resources by October 31st/2023  -To ensure that my medicine calculations are done correctly, I will use sample questions and tests by October 31st/2023.  I'll show that I understand how to calculate drug dosages specifically for children. I'll read through the medication reference manuals provided. This is confirmed by my coworkers, my clinical teacher, and the nurses I work with. I'll watch videos and use online tools to educate myself on how to give medication correctly and without making mistakes. I'll always have a calculator with me so that I can verify my math to make sure it's correct. I'll use any hospital-provided reference materials I can check all of my work twice. To prevent prescription errors, I shall employ independent double-checks before giving any medications. | |

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| **How do my learning goals support my commitment to continuing competency?**  How does my learning relate to the competencies of my practice? |  |
| |  | | --- | | My education enhances my nursing skills and gives me as a nursing student more insight into the pediatric floor. These learning objectives will benefit the nursing community because they will enable me to better support my assigned nurses and my patients. These exercises will help boost my confidence and skills, enabling me to work with young patients more effectively. Moving forward with this skill sets I will be more comfortable in giving medication and preventing medication errors. | | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**  What did I learn?  What impact has my Learning Plan had on my practice? |  |
| |  | | --- | | Click here to enter text. | | You can print your Learning Plan for your records. |