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| Iman Khaliq  92 Cobblestone Street, London, ON  emankhaliq2003@gmail.com  647-450-5418  BScN Student JOB EXPERIENCE **Caregiver at Senior Homecare by Angels,** London, Ontario June 2023 – August 2023  * Worked with seniors with heart failure, anemia and other medical conditions to provide care with ADLS, such as grocery shopping, cooking, laundry, cleaning, ambulating, organizing medications, and providing health teaching. * Delivered effective health education on infection control, blood pressure management, healthy diet and community resources. * Assisted seniors with range of motion exercises and implemented creative strategies to enhance their mobility. * Provided psychological care to seniors through active listening, supporting an optimistic outlook on life, and playing games with them. * Gained client’s trust by always performing duties diligently and communicating effectively. * Constantly maintained professional boundaries by dressing in the appropriate attire and maintaining a professional conduct.  NURSING EXPERIENCE ACQUIRED DURING 2nd YEAR OF BScN **Nursing placement at Windsor Regional Hospital (Medical Surgical unit, Metropolitan Campus)** January 16, 2024 – present  * Developed and implemented effective nursing care plans by utilizing CNO best practice guidelines. * Performed skills such as taking vital signs, blood glucose checks, monitoring intake and output, and draining foley catheter bags. * Exhibited problem solving skills using assertive communication with patient, and their family members, and collaborated with appropriate team members to provide best possible care to patients. * Safely assisted patients with transferring, repositioning and ambulating while maintaining best health outcomes and patient autonomy. * Assisted patients with activities of daily living such as bathing, toileting, perineal care, feeding, and grooming while maintaining skin integrity and infection control. * Provided accurate health teaching to patients on various topics. * Documented assessments and care provision in a timely manner to facilitate current and accurate record of patient’s status. * Regularly attend interprofessional rounds to learn about the interprofessional team. * Used critical thinking and nursing judgement to identify priorities while performing focused assessments and nursing interventions based on patients’ medical conditions. * Ensured patient confidentiality and privacy at all times.   **Nursing placement at Windsor Regional Hospital (Orthopedic surgery unit, Ouellette Campus)**  September 7, 2023 - November 23, 2023   * Built a therapeutic relationship with patients and their family members to achieve patients’ cooperation and trust. * Worked efficiently through paper charting and electronic charting. * Applied critical thinking and safety precautions while transferring patients with hip and knee replacements. * Developed and implemented effective nursing care plans according to patient’s priority care needs. * Safely drained foley catheter bags and JP drainage bags while adhering to infection control policies. * Efficiently performed simple and complex dressing changes on patients. * Safely administered oral and transdermal medications to patients. * Used various styles of verbal and non-verbal communication to communicate with patients with different illnesses. * Effectively provided care to patients with physical restraints. * Collaborated with the interprofessional health care team to provide the best possible care to patients. * Adhered to hospital and university policies and followed Registered Nurses Association of Ontario’s best practice guidelines to provide safe and evidence-based care to patients.  Successfully performed quality head-to-toe assessments on patients with different acute and chronic diseases, and reported abnormal findings to nurses and the clinical instructor.NURSING EXPERIENCE ACQUIRED DURING 1st YEAR OF BScN **Nursing placement at Windsor Regional Hospital (Neurosciences unit, Ouellette Campus)** May 25, 2023 – June 5, 2023  * Worked independently and collaboratively to assist patients (with stroke, dementia, head injuries, CVA, etc.) in ADLs and efficiently collected vitals and completed head-to-toe assessments on patients. * Lead therapeutic communication to provide psychological comfort and assurance to patients and families during difficult times. * Maintained patients’ autonomy and appreciated them for small achievements while providing care. * Efficiently performed bed baths, perineal care, oral care, hair care, helped with feeding, changed bed linens, and assisted patients with transferring and repositioning. * Answered call bells, bed alarms and patient concerns in a timely manner. * Thoroughly sanitized and organized patient surroundings to ensure patient safety and infection control. * Safely administered oral and topical medications to patients. * Followed university and hospital policies and maintained professional boundaries at all times while providing care. * Immediately and professionally documented and reported normal and abnormal patient assessment findings to the nurse and the clinical instructor.   **Nursing placement at Windsor Regional Hospital (Medical Surgical unit, Ouellette Campus)** January 5, 2023 - March 23, 2023  * Built a therapeutic relationship with patients and their family members to achieve patients’ cooperation and trust. * Provided personal care services to the patients such as oral care, bathing, bowel and bladder care and skin care. * Maintained confidentiality of patients records and only discussed care plans with members in the patient’s circle of care. * Promoted patient autonomy while setting up meal trays for patients and feeding them as required. * Safely assisted patients with transferring, positioning, and ambulating to maximize their health outcomes. * Collaborated with the interprofessional health care team to provide the best possible care to patients. * Adhered to hospital and university policies and followed Registered Nurses Association of Ontario’s best practice guidelines to provide safe and evidence-based care to patients. * Documented patient data in Cerner (a digital documentation system) accurately and in a timely manner.  VOLUNTEER EXPERIENCEUniversity of Windsor Nursing Society (UWNS) Shadowing Program, Windsor, Ontario — *Peer Mentor for first-year BScN students*September, 2023 - Present  * Provide educational support and resources to mentees. * Check up on mentees regularly to help them navigate through the program. * Use effective communication methods and respond to mentees in a timely manner. * Attend UWNS meetings and discuss program progress.  University of Windsor Students Supporting Seniors Club, Windsor, Ontario — *General member*September, 2023 - Present  * Attend meetings to discuss and plan events for seniors. * Visit long-term care homes, retirement homes and more to engage seniors in fun and educational activities.  Leacock Foundation, Toronto, Ontario — *Teacher Assistant*July 2, 2019 - July 19, 2019  * Demonstrated professional and ethical behavior by teaching according to classroom rules and regulations. * Applied critical thinking skills for grade 5 student engagement by organizing educational and fun activities for them. * Demonstrated active listening and clear communication to explain and help students understand instructions.   **FCS Culture Festival,** Toronto, Ontario — *Outdoor Activities Assistant* June 27, 2019  * Assisted, directed, and advised community members to specific areas in the event based on their interests. * Collaboratively worked with teammates to greet, welcome and guide community members in outdoor activities.  Woburn C.I Library, Toronto, Ontario — *Library Assistant* April 2018 - June 2018  * Carefully handled confidential and private student information while signing out library books. * Efficiently organized books and paperwork to maintain a clean and neat environment. * Utilized effective communication and customer service skills to achieve students’ cooperation and trust while assisting them in their academic research.  SKILLS  * Proficient in English, Urdu and Hindi, and can understand Punjabi * Fast typing and writing speed * Proficient in Microsoft Word, PowerPoint, basic internet applications and Cerner (a digital documentation system)   **CERTIFICATES**  **Initial Crisis Intervention Training Certificate**- Safe Management Group Issued June 9, 2022 **Worker Health and Safety Awareness Certificate-** Ontario Ministry of Labor, Training and Skills Development Issued December 30, 2022 **Standard First Aid and CPR/AED Level C Certificate-** Canadian Red Cross Issued August 20, 2022 **Successfully completed Respiratory Fit Test (N95 Mask fit test)-** Sri Lak Enterprise On August 17, 2022 **COVID-19 Infection Course Certificate-** Mohammed Bin Rashid University of Medicine and Health Sciences Issued April 2022EDUCATION **University of Windsor,** Windsor, Ontario— Working towards Bachelor of Science in Nursing  September 2022 – Present  **University of Western Ontario,** London, Ontario — Completed one year of Bachelor of Science in Food and Nutritional Sciences  September 2021 - April 2022 A.B Lucas Secondary School, London, Ontario — Achieved OSSDSeptember 2020 - June 2021Woburn Collegiate Institute, Toronto, Ontario — Grades 9 to 11September 2017 - June 2020Woburn Junior Public School, Toronto, OntarioSeptember 2010 - June 2015 **REFERENCES**  References available upon request. |  |