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| Iman Khaliq 92 Cobblestone Street, London, ONemankhaliq2003@gmail.com647-450-5418BScN StudentJOB EXPERIENCE**Caregiver at Senior Homecare by Angels,** London, OntarioJune 2023 – August 2023* Worked with seniors with heart failure, anemia and other medical conditions to provide care with ADLS, such as grocery shopping, cooking, laundry, cleaning, ambulating, organizing medications, and providing health teaching.
* Delivered effective health education on infection control, blood pressure management, healthy diet and community resources.
* Assisted seniors with range of motion exercises and implemented creative strategies to enhance their mobility.
* Provided psychological care to seniors through active listening, supporting an optimistic outlook on life, and playing games with them.
* Gained client’s trust by always performing duties diligently and communicating effectively.
* Constantly maintained professional boundaries by dressing in the appropriate attire and maintaining a professional conduct.

NURSING EXPERIENCE ACQUIRED DURING 2nd YEAR OF BScN **Nursing placement at Windsor Regional Hospital (Medical Surgical unit, Metropolitan Campus)**January 16, 2024 – present* Developed and implemented effective nursing care plans by utilizing CNO best practice guidelines.
* Performed skills such as taking vital signs, blood glucose checks, monitoring intake and output, and draining foley catheter bags.
* Exhibited problem solving skills using assertive communication with patient, and their family members, and collaborated with appropriate team members to provide best possible care to patients.
* Safely assisted patients with transferring, repositioning and ambulating while maintaining best health outcomes and patient autonomy.
* Assisted patients with activities of daily living such as bathing, toileting, perineal care, feeding, and grooming while maintaining skin integrity and infection control.
* Provided accurate health teaching to patients on various topics.
* Documented assessments and care provision in a timely manner to facilitate current and accurate record of patient’s status.
* Regularly attend interprofessional rounds to learn about the interprofessional team.
* Used critical thinking and nursing judgement to identify priorities while performing focused assessments and nursing interventions based on patients’ medical conditions.
* Ensured patient confidentiality and privacy at all times.

**Nursing placement at Windsor Regional Hospital (Orthopedic surgery unit, Ouellette Campus)**September 7, 2023 - November 23, 2023* Built a therapeutic relationship with patients and their family members to achieve patients’ cooperation and trust.
* Worked efficiently through paper charting and electronic charting.
* Applied critical thinking and safety precautions while transferring patients with hip and knee replacements.
* Developed and implemented effective nursing care plans according to patient’s priority care needs.
* Safely drained foley catheter bags and JP drainage bags while adhering to infection control policies.
* Efficiently performed simple and complex dressing changes on patients.
* Safely administered oral and transdermal medications to patients.
* Used various styles of verbal and non-verbal communication to communicate with patients with different illnesses.
* Effectively provided care to patients with physical restraints.
* Collaborated with the interprofessional health care team to provide the best possible care to patients.
* Adhered to hospital and university policies and followed Registered Nurses Association of Ontario’s best practice guidelines to provide safe and evidence-based care to patients.

Successfully performed quality head-to-toe assessments on patients with different acute and chronic diseases, and reported abnormal findings to nurses and the clinical instructor.NURSING EXPERIENCE ACQUIRED DURING 1st YEAR OF BScN **Nursing placement at Windsor Regional Hospital (Neurosciences unit, Ouellette Campus)**May 25, 2023 – June 5, 2023* Worked independently and collaboratively to assist patients (with stroke, dementia, head injuries, CVA, etc.) in ADLs and efficiently collected vitals and completed head-to-toe assessments on patients.
* Lead therapeutic communication to provide psychological comfort and assurance to patients and families during difficult times.
* Maintained patients’ autonomy and appreciated them for small achievements while providing care.
* Efficiently performed bed baths, perineal care, oral care, hair care, helped with feeding, changed bed linens, and assisted patients with transferring and repositioning.
* Answered call bells, bed alarms and patient concerns in a timely manner.
* Thoroughly sanitized and organized patient surroundings to ensure patient safety and infection control.
* Safely administered oral and topical medications to patients.
* Followed university and hospital policies and maintained professional boundaries at all times while providing care.
* Immediately and professionally documented and reported normal and abnormal patient assessment findings to the nurse and the clinical instructor.

**Nursing placement at Windsor Regional Hospital (Medical Surgical unit, Ouellette Campus)**January 5, 2023 - March 23, 2023* Built a therapeutic relationship with patients and their family members to achieve patients’ cooperation and trust.
* Provided personal care services to the patients such as oral care, bathing, bowel and bladder care and skin care.
* Maintained confidentiality of patients records and only discussed care plans with members in the patient’s circle of care.
* Promoted patient autonomy while setting up meal trays for patients and feeding them as required.
* Safely assisted patients with transferring, positioning, and ambulating to maximize their health outcomes.
* Collaborated with the interprofessional health care team to provide the best possible care to patients.
* Adhered to hospital and university policies and followed Registered Nurses Association of Ontario’s best practice guidelines to provide safe and evidence-based care to patients.
* Documented patient data in Cerner (a digital documentation system) accurately and in a timely manner.

VOLUNTEER EXPERIENCEUniversity of Windsor Nursing Society (UWNS) Shadowing Program, Windsor, Ontario — *Peer Mentor for first-year BScN students*September, 2023 - Present* Provide educational support and resources to mentees.
* Check up on mentees regularly to help them navigate through the program.
* Use effective communication methods and respond to mentees in a timely manner.
* Attend UWNS meetings and discuss program progress.

University of Windsor Students Supporting Seniors Club, Windsor, Ontario — *General member*September, 2023 - Present* Attend meetings to discuss and plan events for seniors.
* Visit long-term care homes, retirement homes and more to engage seniors in fun and educational activities.

Leacock Foundation, Toronto, Ontario — *Teacher Assistant*July 2, 2019 - July 19, 2019* Demonstrated professional and ethical behavior by teaching according to classroom rules and regulations.
* Applied critical thinking skills for grade 5 student engagement by organizing educational and fun activities for them.
* Demonstrated active listening and clear communication to explain and help students understand instructions.

**FCS Culture Festival,** Toronto, Ontario — *Outdoor Activities Assistant*June 27, 2019* Assisted, directed, and advised community members to specific areas in the event based on their interests.
* Collaboratively worked with teammates to greet, welcome and guide community members in outdoor activities.

Woburn C.I Library, Toronto, Ontario — *Library Assistant* April 2018 - June 2018* Carefully handled confidential and private student information while signing out library books.
* Efficiently organized books and paperwork to maintain a clean and neat environment.
* Utilized effective communication and customer service skills to achieve students’ cooperation and trust while assisting them in their academic research.

SKILLS* Proficient in English, Urdu and Hindi, and can understand Punjabi
* Fast typing and writing speed
* Proficient in Microsoft Word, PowerPoint, basic internet applications and Cerner (a digital documentation system)

**CERTIFICATES****Initial Crisis Intervention Training Certificate**- Safe Management GroupIssued June 9, 2022 **Worker Health and Safety Awareness Certificate-** Ontario Ministry of Labor, Training and Skills DevelopmentIssued December 30, 2022 **Standard First Aid and CPR/AED Level C Certificate-** Canadian Red CrossIssued August 20, 2022 **Successfully completed Respiratory Fit Test (N95 Mask fit test)-** Sri Lak EnterpriseOn August 17, 2022 **COVID-19 Infection Course Certificate-** Mohammed Bin Rashid University of Medicine and Health SciencesIssued April 2022 EDUCATION**University of Windsor,** Windsor, Ontario— Working towards Bachelor of Science in NursingSeptember 2022 – Present**University of Western Ontario,** London, Ontario — Completed one year of Bachelor of Science in Food and Nutritional SciencesSeptember 2021 - April 2022A.B Lucas Secondary School, London, Ontario — Achieved OSSDSeptember 2020 - June 2021Woburn Collegiate Institute, Toronto, Ontario — Grades 9 to 11September 2017 - June 2020Woburn Junior Public School, Toronto, OntarioSeptember 2010 - June 2015**REFERENCES**References available upon request. |  |