Student’s:

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| **Summary of progress (Discuss concepts identified in the course, learning plan progress, skills)** | I was able to learn a lot of valuable things from the clinical shifts I have had so far.  I observed the application of an IV medication and understand possible mistakes and how we can avoid them. I had the opputunity to care for a patients with dementia, fracture, COPD exacerbation, heart failure, and alcohol withdrawl, which allowed me to learn what interventions are more effective and which ones patient's have trouble with. In addition, I educated patients on the importance and technique of certain psychomotor skills such as using the incentive spirometer, pursed lip breathing and doing deep breathing and coughing exercises. I participated in health promotion activities by encouraging patients to sanitize their hands after using the washroom, drink more water, brush their teeth, changing patient gowns and bed sheets, ensuring patient's bedside tables are clean and organized, and their room's floors are free of clutter. I was also able to safely remove a foley catheter from a patient with the help of my nurse and perform an accucheck on another patient.   I was also able to teach the proper use of an incentive spirometer, teach simple range of motion exercises to patient, provide health education on multiple topics, and I had the oppurtunity to see my interventions work and I was able to modify my interventions based on the patients conditon.  Additionally, I learned more about the roles of interprofessional team members by observing physiotherapists and their method of providing care; observing physicians and how they communicate with patients; and observing the role of dieticians. I also observed interprofessional roles such as that of a charge nurse, training nurses, and RPNs and RNs as well.  Moreover, I was able to get proficient in taking vital signs and performing perineal care, and bed baths by using every opportunity I had to complete those tasks for patients. I also learned and applied effective ways to reposition patients with different conditons. Additionally, I became proficient in head-to-toe assessments and recognizing normal and abnormal findings in patients.  Furthermore, I gained a deeper understanding of prioritizing patient's care needs and creating effective, evidence-based care plans. I was also able to accomplish partial or all of the SMART, short-term goals I created for my patients.  I was also able to collaborate more with my patient’s nurses during this clinical experience and listen to shift reports. This helped me became better at using the SBAR method to communicate patient information with nurses.  I was also able to learn to control my emotions during an emotional situation and provide effective and safe care even when I feel overwhelmed. I also learned to be more optimistic about my patients through this.  Lastly, I demonstrated collaboration by working together with my patient’s nurses and fellow peers while doing perineal care, repositioning patients, and obtaining vital signs.  I was able to complete half of my first goal regarding research and understand three ways of preventing catheter-associated urinary tract infections by the midterm and half of my second goal by researching three uses of Lactated Ringers solution by the midterm. I discussed all of these findings with my classmates to practice my patietn teaching skills. |
| **Strengths (Things you did well consistently):** | In my opinion therapeutic communication, professionalism and critical thinking have been my strengths thus far in clinical.  I believe therapeutic communication is my strength because I pay attention to details about my patient and what makes them happy or sad including their interests. This way, my patients feel like they are important and understand that I care about what is important for them. Having this understanding allows me to build a trusting relationship with my patients. Additionally, I am able to identify what techniques are most effective for my patients by talking to family members and then I apply those techniques to attain better patient outcomes.  I have consistently demonstrated professionalism by listening to my clinical instructor’s instructions, adhering to my scope of practice as a student nurse, asking questions when I need clarification and by doing my best at every task I am assigned to do. I also ensure that I am always in professional attire and have all the tools I need.  I believe critical thinking has been my strength so far because I was able to identify and prioritize the most important care needs for my patient in my clinical worksheets with feednback from my instructor. I also used new ways to interview with my patients such as asking (social, cultural, personal questions in the clinical worksheet) in a fun way so that my patient’s do not feel intimidated and enjoy sharing their personal information with me. I also made sure to keep a relaxed environement for my patients before asking them about their daily life so that they are willing to share more information with me. |
| **Areas for Improvement/Growth (Things you need to work on): Must be addressed in your learning plan for the next clinical experience** | In my opinion, I can improve in my accucheck skills and I would like to find more opportunities to insert and remove catheters in the future so that I can get more practice with those skills and increase competence in them. |

Instructor’s:

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| **Summary of progress (Discuss concepts identified in the course, learning plan progress, skills)** | Eman is off to a good start this semester at WRH Met 6N. She is a quiet student that comes to her clinical shifts prepared to care for her patients. Eman is encouraged to seek out skills and opportunities. She keeps busy building her nurse-client therapeutic skills and communication skills throughout the shift. While Eman's clinical assignments are well done, she did submit several late this term but was very receptive to feedback from her instructor. Eman has good communication skills and is able to provide a snapshot of her patients condition and create a plan of care. Medications will be administered in the second half of the semester. She is on track to meeting her learning goals of preventing CAUTI's and uses of LR solution. |
| **Strengths (Things you did well consistently):** | Therapeutic communication Keeps busy |
| **Areas for Improvement/Growth (Things you need to work on): Must be addressed in your learning plan for the next clinical experience** | Continue to seek out new opportunities. Ensure you are submitting assignments in on time. |