**Learning Plan**

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NURS 2532: Clinical Practicum III

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January 22, 2024

QA Program Learning Plan Form

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| Iman Khaliq | 110114977 |
| Name | Student Number |
| 2nd Year BScN | NURS 2532 |
| QA Year | Course |
| 6 North- Windsor Regional Hospital- Metropolitan Campus | |
| Current Practice Setting | |

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| Learning Needs  What learning needs did I identify through Practice Reflection? |  |
| |  | | --- | | By doing a practice self-reflection, I identified that I would benefit from researching ways to prevent catheter-associated urinary tract infections. This is because I am currently working on a medical surgical floor and the stated type of infections are common on a floor like mine. For this reason, I believe that by equipping myself with adequate catheter-related infection-control and prevention knowledge, I can greatly improve the health and recovery of my patients.  I also identified Intravenous (IV) solution knowledge to be an area that I am interested in improving. For this reason, I would like to research the uses of Lactated Ringers and 0.9% normal saline IV solutions which are commonly used in hospitals. This is because I want to a gain deeper understanding of the uses of these solutions, as well as understand why one may be used over the other. I will then be able to take more informed decisions when working with IV solutions. Learning this will allow me to greatly enhance the safety of my patients. | | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I want to research three ways to prevent catheter associated urinary tract infections by February 13, 2024 (midterm evaluation) and three ways by April 2, 2024 (final evaluation). My goal is related to CNO’s Practice Standard called Scope of Practice (2023). | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | * I will research three scholarly articles to research six ways of preventing catheter associated urinary tract infections by March 20, 2024. * I will go to the open lab six times by March 30, 2024 to practice the researched methods. * I will demonstrate the new methods to the open lab peer mentors to ensure that I am doing them correctly and ask them any questions I may have by March 30, 2024. | |

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| **Learning Goal #2**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I want to research three uses of Lactated Ringers solution by February 13, 2024 (midterm evaluation) and three uses of 0.9% normal saline by April 2, 2024 (final evaluation). My goal is related to CNO’s Practice Standard called Scope of Practice (2023). | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | * I will research two scholarly articles and review my notes from NURS 2810 to determine the uses of Lactated Ringer’s Solution by February 10, 2024. I will do the same for 0.9% normal saline solution by March 31, 2024. * During each of my clinical shifts, I will observe which patients are being given Lactated Ringers solution and which are being prescribed 0.9% normal saline solution until April 2, 2024. * I will discuss my findings with my peers for Lactated Ringer’s solution by February 13, 2024 and for 0.9% normal saline solution by April 2, 2024 to consolidate my learning. | |

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| **Learning Goal #3**  **For carry over goals from previous semester (as identified by your previous clinical instructor) or optional additional learning goals.**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | No carry over goals. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #3 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | Click here to enter text. | |

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| **How do my learning goals support my commitment to continuing competency?**  How does my learning relate to the competencies of my practice? |  |
| |  | | --- | | My 1st goal regarding catheter-associated urinary tract infections supports my commitment to continuing competency. Catheter-associated urinary tract infections are highly common; however, the prevention methods are often ignored in busy hospital settings. For this reason, by strengthening my knowledge on this topic, I can enhance my patient’s safety, speed up their recovery process, decrease their hospital stay, and prevent them from unnecessary harm. Additionally, I will increase my patient’s comfort by doing all this. By effectively learning about catheter related infection prevention methods, I will be fulfilling CETs 1.2, 2.1 and 7.1 as I will be ensuring my patient’s safety, taking accountability for my learning needs, and carrying out the catheter-related skills competently.  My 2nd goal regarding the uses of Lactated Ringer’s solution and 0.9% Normal Saline solutions also assists with my commitment to continuing competency. This is because by learning about when to use these common IV solutions, I will be able to take better informed decisions when working with IVs. I will be ensuring my patient’s safety by increasing my knowledge as well. Additionally, accomplishing this goal will help me better understand what outcomes I am looking for in my patients when they have these solutions prescribed. By completing this goal, I will be fulfilling CETs 1.2, 2.1 and 7.1 by enhancing my patient’s safety, being responsible for my learning needs, and performing IV skills competently. | | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**  What did I learn?  What impact has my Learning Plan had on my practice? |  |
| |  | | --- | | I was able to accomplish my first learning goal regarding prevention of catheter-associated urinary tract infections. This goal helped me improve patient safety by gaining a better understanding of how these infections are spread. I was also able to implement ways such as proper hand washing, perineal care, making sure the urine flow is unobstructed, the right catheter size is used and more to keep my patients safe.  I was also able to complete my second learning goal regarding the uses of Lactated Ringer’s solution and 0.9% Normal Saline solutions. This also contributed to my patient’s safety. It allowed me to differentiate between when either of the IV solutions are used and better understand why my patients are on them. I was also able to learn which factors to watch before, during and after administering these solutions.  Overall, I strongly believe that my learning plan enhanced my care and gave me opportunities to improve my weaknesses effectively. My learning plan also made it easy for me to accomplish my goals because I was able to track my progress and take small steps every day to achieve my goal. Additionally, my learning plan gave me the opportunity to thoroughly understand Lactated Ringer’s and 0.9% normal saline solutions, and how to prevent catheter-associated urinary tract infections. | | You can print your Learning Plan for your records. |