**Learning Plan**

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Faculty of Nursing, University of Windsor

NURS 2522: Clinical Practicum II

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QA Program Learning Plan Form

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| Iman Khaliq | 110114977 |
| Name | Student Number |
| BScN Year 2 | NURS 2522 |
| QA Year | Course |
| Windsor Regional Hospital, 6 East Orthopedic Surgery, Ouellette campus |
| Current Practice Setting |

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| Learning NeedsWhat learning needs did I identify through Practice Reflection? |  |
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| By doing self-reflection, I identified that I could improve my health teaching skills. This is because I sometimes struggle with educating patients about the disadvantages of a certain lifestyle behavior that they are perusing. I want to educate patients about strategies they can use to stay safe after their hip and/or knee surgeries in a way that is easy for them to comprehend. I believe that by learning to educate my patients effectively and compassionately, I can increase their safety and thus improve their quality of life.Additionally, I would like to strengthen my understanding about dressing change and learn to do complex dressing change. I want to improve my dressing change skills because correctly applied dressings play a huge role in preventing infections, and healing wounds faster, especially for patients who are immunocompromised. In addition, I have seen that changing wound dressings is a vastly used skill in nursing, therefore, it is important that I become competent in this skill. |

 | Have not done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**What do I want to learn?Which practice document does my goal relate to? |  |
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| I will be able to provide relevant health education regarding safety measures to take prior to hip and/or knee surgeries to one patient by October 19, 2023 (midterm evaluation) and to one other patient by November 23, 2023 (final evaluation). My goal is related to CNO’s Practice Standard called Code of Conduct (2019). |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**How am I going to achieve my goal? |
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| * I will research and find three scholarly articles to list 10 to 12 effective health teaching strategies by September 22, 2023.
* I will use scholarly articles to research ten ways for patients to stay safe and reduce the risk of falls following hip and knee surgeries by September 30, 2023.
* I will practice teaching my friends about the ten safety measures that I researched. Afterwards, I will ask my friends for feedback on my teaching skills by October 8, 2023.
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| **Learning Goal #2**What do I want to learn?Which practice document does my goal relate to? |  |
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| I will be able to successfully perform one complex dressing change on a patient by October 19, 2023 (midterm evaluation) and on one other patient by November 23, 2023 (final evaluation). My goal is related to CNO’s Practice Standard called Scope of Practice (2023). |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**How am I going to achieve my goal? |
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| * I will observe two complex dressing changes in the hospital by September 21, 2023, and note down any new techniques I observed.
* I will research two scholarly articles about how to effectively do complex dressing changes by September 27, 2023.
* I will go to the open lab for two weeks to practice complex dressing change following the steps in the OSCE by October 11, 2023.
* I will perform two complex dressing changes using the steps in the OSCE and with my clinical instructor observing me by October 19, 2023.
* From September 21 to November 23, 2023, I will seek new opportunities to observe and/or perform complex dressing changes on patients.
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| **Learning Goal #3** **For carry over goals from previous semester (as identified by your previous clinical instructor) or optional additional learning goals.**What do I want to learn?Which practice document does my goal relate to? |  |
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| No carried over goals. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #3 Activities and Timeframes**How am I going to achieve my goal? |
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| **How do my learning goals support my commitment to continuing competency?**How does my learning relate to the competencies of my practice? |  |
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| My 1st goal regarding keeping patients safe after their hip and/or knee surgeries supports my commitment to continuing competency. This is because providing more information to patients about ways they can take care of their health is a vital part of health promotion. Also, by teaching safety precautions to my patients, such as proper walker usage or creating safe home environments, I can enhance their safety and independence. By effectively teaching my patients, I can help them adjust to the new health changes in their life. Lastly, by achieving this goal, I will be fulfilling CETs 6.1 and 6.2 as I will learn ways to thoroughly assess my patients and produce personalized health teaching plans for them.My 2nd goal about competently performing complex wound dressing changes on my patients will make me a competent nurse. This is because this goal will increase my knowledge about complex dressing changes and wound care, and I will be able use research-based techniques to perform this skill. Also, I will be providing safe care by preventing my patients’ wounds from becoming infected and I will also be accelerating the wound healing process. Additionally, I will be adhering to CET 7.1 as I enhance my complex dressing skills.  |

 | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**What did I learn?What impact has my Learning Plan had on my practice? |  |
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 | You can print your Learning Plan for your records. |

**References**

College of Nurses of Ontario. (2019). *Code of conduct*. Retrieved September 8, 2023, from https://www.cno.org/globalassets/docs/prac/49040\_code-of-conduct.pdf

College of Nurses of Ontario. (2023). *Scope of Practice*. Retrieved September 8, 2023, from https://www.cno.org/globalassets/docs/prac/49041-scope-of-practice.pdf