QA Program Learning Plan Form

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| Name | Student Number |
| BScN Year 1 | NURS 1612 |
| QA Year | Course |
| Windsor Regional Hospital (Ouellette campus) | |
| Current Practice Setting | |

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| Learning Needs  What learning needs did I identify through Practice Reflection? |  |
| |  | | --- | | My reflection directed me towards developing my knowledge regarding Multiple Sclerosis. This is because I find this disease intriguing and thus want to learn more about it. I also believe that by understanding this disease, I will be able to equip myself with the tools to care for a huge group of people that are affected by this disease.  Additionally, I would like to enhance my collaboration skills. This is because my previous clinical placement showed me the importance of collaboration and how effective communication can immensely increase the outcomes of a collaboration. I also understand that good collaboration empowers a healthy work environment and reduces the chances of staff burn-outs.  Through a reflection of my learning needs, I also came to the conclusion that I need to continue improving my simple dressing change skills from my last clinical placement. So far, the progress that I have made towards this goal is that I have gathered as much knowledge as I could through research. However, I would like to practice on patients and enhance my dressing change skills. I want to learn to build on my simple dressing change skills because over time, I have realized that simply using the correct techniques while doing simple dressing changes, can greatly boost the healing process and reduce pain for the patient, and thus, improve the patient’s quality of life. | | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I will be able to discuss two nursing interventions for patients with Multiple Sclerosis by the midterm evaluation and two nursing interventions by the final evaluation. My goal is related to CNO’s Practice Guideline called Professional Standards. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | * I will do research to gather as much information as I can regarding the pathophysiology, diagnoses, and treatment of Multiple Sclerosis by May 27, 2023. * I will closely observe any patients with Multiple sclerosis during my shifts. * I will watch 3 educational videos on patients with Multiple Sclerosis to gain a better understanding of what problems the patients deal with by May 31, 2023. | |

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| **Learning Goal #2**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I want to effectively communicate with my coworkers (PSW, RN, RPNs, nursing students, etc.) to collaborate for best patient outcomes by the midterm and the final evaluations. My goal is related to CNO’s Practice Guideline called Professional Standards. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | * By May 27, 2023, I will read research articles regarding ways to improve communication when collaborating with coworkers. * During each of my shifts, I will observe my fellow coworkers and my clinical instructor to learn how they collaborate with each other. * I will gather information through research and observation, I will then apply the techniques I learned to my clinical practice and ask my clinical instructor for feedback on my collaboration skills during midterm and final evaluations. | |

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| **Learning Goal #3**  **For carry over goals from previous semester (as identified by your previous clinical instructor) or optional additional learning goals.**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | Following the steps learned during my Experiential Learning lab, I will perform simple dressing change on one patient by the midterm evaluation and on one patient by the final evaluation. My goal is related to CNO’s Practice Standard called Decisions About Procedures and Authority. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #3 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | This goal is carried over from my previous clinical placement. I will do the following activities to achieve my remaining goal.   * I will review the information I gathered regarding simple dressing change during my previous clinical placement and review all of my notes regarding simple dressing change by May 24, 2023. * I will attend 3 open labs by May 30, 2023 to practice simple dressing changes. * By May 25, 2023 I will inform my clinical instructor about my willingness to do a simple dressing change for two patients, so I can work together with my clinical instructor to find opportunities to achieve my goal. | |

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| **How do my learning goals support my commitment to continuing competency?**  How does my learning relate to the competencies of my practice? |  |
| |  | | --- | | My 1st goal regarding gaining more information about Multiple Sclerosis supports my commitment to continuing competency. This is because achieving this goal will make me more knowledgeable about the disease and I would also be able to use effective ways to provide care to patients with this disease. For this reason, by accomplishing this goal I will also be able to fulfill CET 2.2 by seeking new knowledge to care for my patients.    My 2nd goal about collaboration through effective communication will help me enhance the quality of patient care. This is because I will be efficiently communicating with my coworkers to complete patient tasks and sharing ideas with each other. Furthermore, good collaboration will prevent burn-outs and thus improve patient satisfaction. Additionally, this goal will help me be an advocate for my patients. This goal will help me provide safe and competent care as required by CET 11.1.    My 3rd goal is carried over from my previous clinical placement. My goal of performing simple dressing changes will make me a competent nurse. This is because using the correct sterile techniques to change dressings can greatly prevent the spread of infections and boost the patient’s health. This goal will allow me to achieve CET 6.1 as well because I will learn to perform simple dressing changes with safety and effectiveness. | | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**  What did I learn?  What impact has my Learning Plan had on my practice? |  |
| |  | | --- | | My 1st SMART goal has been met. I know this because I was able to discuss two nursing interventions with two classmates by the midterm and two interventions by the final evaluation. I was also able to get feedback on my interventions from my sister, who is a nurse as well.  My 2nd SMART goal was also met. I know this because I was able to communicate effectively with my peers, nurses and my clinical instructor, and other healthcare members regarding patient care and care goals. Through communication, I was able to collaborate with the people around me to identify priority care needs for my patient and plan out nursing interventions.  My 3rd SMART goal has been met. I know this because I was able to perform a simple dressing change on one patient by the midterm and on one patient by the final evaluation. I also received great constructive feedback from my professor regarding my simple dressing change and had the opportunity to do more than two simple dressing changes.  Overall, my learning plan has allowed me to seek out new opportunities to accomplish my goals. I also learned to be open to new challenges because stepping out of your comfort zone provides you with areas for growth. In addition, through my learning plan, my strengths and weaknesses have been farther defined. I now have better understanding of what I need to improve in my future care. | | You can print your Learning Plan for your records. |