QA Program Learning Plan Form

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| Katarina Campana | 110068814 |
| Name | Student Number |
| 1 | NURS 1512 |
| QA Year | Course |
| Click here to enter text. |
| Current Practice Setting |

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| Learning NeedsWhat learning needs did I identify through Practice Reflection? |  |
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| After reflecting on myself after my first day of clinical, I was able to identify some strengths and weaknesses. I got very nervous when communicating with patients and was unsure what to say. I need to make sure when communicating I am respectful of the patient and talk in a way that is easy to understand. I also need to be less nervous and more confident in myself. One of my patients did not speak English, so I also want to learn new strategies to interact and provide care for those patients. Another thing I want to improve is my critical thinking ability. Reflecting on my everyday life, I noticed that I tend to panic when things don’t go according to plan. To learn from this, I will have to come up with a plan that will help implement critical thinking into daily life and nursing practice. It is essential to think critically to support the well-being of the client. |

 | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**What do I want to learn?Which practice document does my goal relate to? |  |
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| Ultimately I want to confidently introduce myself and have conversations with at least 2 patients a day by March 24th (our last day of clinical). I want to establish good verbal and nonverbal communications skills to be able to help patients of all languages and learning abilities. My goal relates to the Therapeutic Nurse-Client Relationship practice document. This practice document involves appropriately introducing yourself to the client, addressing the client by name, modifying communication styles, and listening to patient values. If I can meet these points, I will reach my goal of being an effective communicator. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**How am I going to achieve my goal? |
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| I will achieve this goal by practicing talking to as many patients as I can at each clinical experience. I will do my best to take on as many new patients as possible to get more and more comfortable with talking to them and getting patients with a variety of speaking mannerisms. By doing this I will gain confidence and become more comfortable with interacting with patients. In addition, if I have any questions about becoming a better communicator, I will watch the experienced nurses on the floor interacting with patients and ask questions as needed. Each week in clinical, I will write down how I think each conversation with my patients went. I will analyze these each week to improve for the next. My goal for March 24th is to successfully develop a professional, respectful and therapeutic relationship with my patient. |

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| **Learning Goal #2**What do I want to learn?Which practice document does my goal relate to? |  |
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| I want to learn how to promote client well-being by critically thinking when facing challenges with my patients. With assistance from my peers and other nurses, I want to improve my critical thinking skills. After each day at clinical, I want to be a part of the problem-solving that goes on. Maybe the first couple of times, I can help the nurses I am working with problem-solving, but by the end of March 24th, I want to think critically on my own. This learning goal is based on the practice document of ethical values under client-well being. My goal relates to this as critically thinking will be a deciding factor in patient safety and health. If something drastically goes wrong, I must be able to think on my feet on behalf of the patient's well-being. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**How am I going to achieve my goal? |
| I will achieve this goal as I gain more and more clinical experience. I will practice thinking and connecting different scenarios by collecting and writing down important events. By doing this I can see how things may be related, which tests my problem-solving skills. I will measure this goal by evaluating my performance with each patient to see if I could think on my own and solve a problem. If not, I will note this and try to think of solutions to be better for future scenarios. Watching other nurses think on their feet may also help me learn by example. The more I shadow and help out other nurses, the closer I will be to achieving this goal.  |

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| **How do my learning goals support my commitment to continuing competency?**How does my learning relate to the competencies of my practice? |  |
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| My learning goals relate to the competencies of my practice by implementing skills that are necessary to provide safe and effective patient care. By learning how to communicate correctly, I will become a more competent nurse who can talk to and understand various groups of people. By assessing my critical thinking skills, I will be able to learn from mistakes and help my patient in a faster and more effective manner. These goals will make me a more respectful, knowledgeable and overall more competent nurse. |

 | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**What did I learn?What impact has my Learning Plan had on my practice? |  |
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| Click here to enter text. |

 | You can print your Learning Plan for your records. |