**Monkeypox**

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NURS 4562-5

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September 19, 2022

**Student statement:** By submitting this reflection, I am acknowledging that it is my own work. Comments are my own and have not been used in any previous work (inside or outside the institution). I have followed the rules outlined by my instructor and am compliant with the University of Windsor, St. Clair College, and/or Lambton College Academic Integrity Policy.

Student Name: Reem Boudali Student Number: 110007510 Date: September 19, 2022

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| **Category** | **Satisfactory** | **Unsatisfactory** | **Student Reflection (must be typed)** |
| **Look Back**  **(L)** | * Identifies **ONE** relevant clinical event/experience/ learning opportunity that was significant/impactful in one or two sentences. * Describes this **ONE** clinical event so that the reader can gain an understanding of what occurred. * Provides opinion/idea/perspective and feelings related to own. role/actions/performance in this clinical experience. | * Does not provide a clear and succinct description of ONE clinical event, experience or learning opportunity. * Does not provide own feelings related to the clinical experience. * Identified event, experience, or learning opportunity is not relevant to clinical practice. | On September 9, I spent my first day at the Windsor Essex County Health Unit in the Infectious Disease Prevention’s Communicable Diseases department. When discussing the schedule, my preceptor informed me that we would be working with monkeypox patients. Having not known a lot about the disease apart from bits from social media, I was a bit nervous. I thought my best action would be to research the disease using peer-reviewed articles. |
| **Examine Experience**  **(E)** | * Selects a scholarly article that relates to this clinical experience (may use a CNO standard or BPG in addition to article, but not in lieu of an article). * Briefly summarizes key ideas/findings of the article. * Compares/contrasts own ideas/thoughts with those expressed by the author(s) with explanation. | * Does not incorporate a scholarly article. * Summary of the key ideas/findings of the article are not included.      * No explanation of the author’s ideas/thoughts compared/contrasted with own. | The article I found is from UpToDate, a site that offers peer-reviewed, physician-authored articles with the most current information on diseases. This particular article discusses the epidemiology, clinical manifestations, and diagnosis of monkeypox. Issacs and Mitjà (2022) explain that monkeypox is thought to originate from African rodents; however, it is spread mostly through human-to-human contact (male sex, hugging, kissing, skin abrasions, etc.). It has low transmission rates through respiratory droplets, but it can still infect through that route. The common signs and symptoms include fever, chills, rash, and lesions around the body and genitals. These lesions can be swabbed for PCR testing to find orthopoxvirus DNA or suspected cases can do serology testing to look for serum IgM and IgG antiorthopoxvirus antibodies (Issacs & Mitjà, 2022). |
| **Appraise**  **and**  **Analyse**  **(A)** | * Discusses at least **two** other people’s ideas/opinions/ perspectives that should be considered related to this clinical event (how might they feel: e.g. client, peer, family, other discipline, etc.).   **\*\***A reflection graded as ***excellent would also include the following:***   * Examines perspectives surrounding this event at the level of nursing in general, and/or society in general (e.g. impact on health care system/nursing profession, political, financial, cultural influences on Canadians). * Identifies how the event/situation challenged own perspective(s) and status quo (usual way of doing things). * Poses questions that should be considered due to their significance to nursing practice. | * No other perspectives are discussed. * Only one other perspective is discussed | The World Health Organization (WHO) declared the 2022 global monkeypox outbreak as a public health emergency which caused international concern (Issacs & Mitjà, 2022). For many countries, this was probably extremely worrying as COVID has not been completely eradicated, yet a leading health organization is warning of another risk. The financial strain and government responses to the pandemic have resulted in a trauma to many, so it is not a surprise that people are worried about monkeypox creating the same situation.  From a public health perspective, although monkeypox is less worrying since it does not travel through respiratory droplets as much as COVID, the lack of information about the disease and testing is alarming. My preceptor told me about a case she was working on where a couple went to a clinic, both symptomatic, but the nurse practitioner only tested one because she had never dealt with this situation before.  This concerns me about the fundamentals of public health. If healthcare practitioners do not know how to navigate this situation (i.e., do not know who to call or where to find information on situations they are unfamiliar with), how can we expect the general public to trust that they are receiving the best possible care? |
| **Research**  **and**  **Revision**  **(R)** | * Provides summary of learning from this clinical experience and from the article findings. * Identifies what they could have done differently in this clinical experience. | * Summary not provided * Does not identify what they could have changed about their own role/actions/performance in this clinical experience. | Overall, I learned a lot about monkeypox and how it works. Through my research and reflection, I also identified many flaws within the healthcare system. I think I handled the situation well by researching the disease ahead of interacting with any monkeypox because it allowed me to understand what I was working with and dispel any myths or false information that had scared me previously. |
| **New Perspective**  **(N)** | * Incorporates specific examples of how this new/enhanced knowledge will be implemented into future practice as a nurse. * Identifies a nursing resource(s) that will assist to develop this aspect of practice (e.g. identify a specific nursing textbook etc.). | * No specific examples for implementation into future practice are incorporated. * Does not identify a nursing resource to assist with learning | This experience was the epitome of evidence-informed practice. In the future, I will always need to keep up to date on information regarding disease, policies, and best practices. UpToDate is the perfect resource for this as the database is always updated with the most current information available. |
| **Concept Identification** | * Identifies and describes key curricular concepts that influence the experience (minimum one in 1st year; two in 2nd year; three in 3rd year; minimum four in 4th year)   (critical thinking, know-based practice, evidence informed decision-making, health, teaching & learning, professional practice, communication, leadership, collaboration, safety, person family centered care, and informatics) | * Does not identify and/or describe related curricular concepts that relate to the experience/reflection. | Critical thinking – identifying flaws in healthcare  Know-based practice – researching a disease I was unfamiliar with  Informatics – using online resources to gather information  Professional practice – ensure I am competent as a nurse |
| **References and APA Format** | * Scholarly article(s) and any additional resources (CNO, BPG) correctly cited in reflection in APA format. * Title page in correct APA format * Reference in correct APA format | * Incorrect APA format throughout reflection * Incorrect APA format on title page * Incorrect APA format for article(s) and/or other sources. | **Student Reference(s) in APA Format:**  Isaacs, S. N., Mitjà, O. (2022). Epidemiology, clinical manifestations, and diagnosis of monkeypox. *UpToDate.* https://www-uptodate-com.ledproxy2.uwindsor.ca/contents/epidemiology-clinical-manifestations-and-diagnosis-of-monkeypox?search=monkeypox&source=search\_result&selectedTitle=2~39&usage\_type=default&display\_rank=2 |
| **Grade:** | **□ Satisfactory □ Excellent** | **□ Unsatisfactory** |  |
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