QA Program Learning Plan Form

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| Reem Boudali | 110007510 |
| Name | Student Number |
| 3 | NURS3632-32 |
| QA Year | Course |
| 5E CTU WRH Ouellette | |
| Current Practice Setting | |

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| Learning Needs  What learning needs did I identify through Practice Reflection? |  |
| |  | | --- | | This placement I want to improve my neuro assessments and medication knowledge. | | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | By the end of the placement, I will be able to complete a full neurovascular assessment on my patient. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | By May 2, I will review the provided materials on neuro assessments from Experiential Lab.   * I will review the ASIA and NIH Screening tools   On May 4, I will complete a full neurovascular assessment on my patient. | |

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| **Learning Goal #2**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | By the end of the placement, I will be able to list all major classes of antihypertensives, the most common medications for each, and their major adverse effects. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | I will read Chapter 25 of Pharmacology for Canadian Health Care Practice on Antihypertensives by the end of the placement.   * I will read the section on ACEIs and ARBs by April 30 * I will read the section on CCBs by April 30 * I will read the section on Diuretics by May 4 * I will read the section on Vasodilators by May 4   Lilley, L. L., Harrington, S., & Snyder, J. S.(2020). Pharmacology for Canadian Health Care Practice (2e). Elsevier. | |

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| **How do my learning goals support my commitment to continuing competency?**  How does my learning relate to the competencies of my practice? |  |
| |  | | --- | | Establishing a baseline neurovascular assessment is important in identifying acute changes in the patient’s status, which may provide evidence for an underlying issue.  Hypertension is a common condition for hospitalized patients. Understanding antihypertensives will increase my competency when administering the medication and allow me to know what to look for in my assessments to check adverse effect. | | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**  What did I learn?  What impact has my Learning Plan had on my practice? |  |
| |  | | --- | | Click here to enter text. | | You can print your Learning Plan for your records. |