**Student statement:** By submitting this reflection, I am acknowledging that it is my own work. Comments are my own and have not been used in any previous work (inside or outside the institution). I have followed the rules outlined by my instructor and am compliant with the University of Windsor, St. Clair College, and/or Lambton College Academic Integrity Policy.

Student Name: Student Number: Date:

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| **Category** | **Satisfactory** | **Unsatisfactory** | **Student Reflection (must be typed)** |
| **Look Back****(L)** | * Identifies **ONE** relevant clinical event/experience/ learning opportunity that was significant/impactful in one or two sentences.
* Describes this **ONE** clinical event so that the reader can gain an understanding of what occurred.
* Provides opinion/idea/perspective and feelings related to own. role/actions/performance in this clinical experience.
 | * Does not provide a clear and succinct description of ONE clinical event, experience or learning opportunity.
* Does not provide own feelings related to the clinical experience.
* Identified event, experience, or learning opportunity is not relevant to clinical practice.
 | During my clinical shift I got the opportunity to place a catheter. This experience helped me to develop this skill and impacted my mindset on myself and view as a nurse. Being able to finally perform a skill besides vitals and an assessment helped me to gain a lot of confidence in myself and in my choice of becoming a nurse. During this event I was able to set up my sterile field, put numbing gel on patient and successfully insert the catheter. The patient told me afterwards he could barely feel it and wished me luck in my prospects as a student nurse. This compliment also played a part in building my confidence.  |
| **Examine Experience****(E)** | * Selects a scholarly article that relates to this clinical experience (may use a CNO standard or BPG in addition to article, but not in lieu of an article).
* Briefly summarizes key ideas/findings of the article.
* Compares/contrasts own ideas/thoughts with those expressed by the author(s) with explanation.
 | * Does not incorporate a scholarly article.
* Summary of the key ideas/findings of the article are not included.

 * No explanation of the author’s ideas/thoughts compared/contrasted with own.
 | This article relates to my clinical experience because it touches on the importance of gaining skills and competencies in the clinical setting for nursing students The article reviews the impact participating in clinical can have on undergraduate nursing students. The article states the best learning environment “encourages collaborative learning, trust and mutual respect, and a good student-nurse relationship influences the students’ learning experiencepositively.” It also expresses the importance of gaining experience in the clinical setting. I think as a nursing student myself I can agree with the article. When comparing my experience in nursing school to some friends that are in nursing at queens. They have not yet started clinical, and I feel that I’ve had much more experience in this profession that has benefitted me in my theory courses, and my clinical skills. Its also allowed me to see if I like this career choice.  |
| **Appraise** **and** **Analyse** **(A)** | * Discusses at least **two** other people’s ideas/opinions/ perspectives that should be considered related to this clinical event (how might they feel: e.g. client, peer, family, other discipline, etc.).

**\*\***A reflection graded as ***excellent would also include the following:**** Examines perspectives surrounding this event at the level of nursing in general, and/or society in general (e.g. impact on health care system/nursing profession, political, financial, cultural influences on Canadians).
* Identifies how the event/situation challenged own perspective(s) and status quo (usual way of doing things).
* Poses questions that should be considered due to their significance to nursing practice.
 | * No other perspectives are discussed.
* Only one other perspective is discussed
 | I think hospital administrators and nurses would agree that having nursing students gain clinical experience Is the most important thing to create great nurses. Because nursing is more than just academics, and clinical is quite different from class. I think when hospitals are hiring new grads, they look at your clinical experience because they know that it builds confidence and competency. I also think patients enjoy having students most of the time and I think its important that nurses and student nurses present as confident when in the presence of patients. Therefor I think patients would agree that having nursing students build confidence in the clinical setting under supervision is necessary in order to build confidence with patients before being a full RN in the hospital.  |
| **Research** **and** **Revision****(R)** | * Provides summary of learning from this clinical experience and from the article findings.
* Identifies what they could have done differently in this clinical experience.
 | * Summary not provided
* Does not identify what they could have changed about their own role/actions/performance in this clinical experience.
 | What I’ve learned from this clinical experience and article is that even those sometimes school gets stressful, and you feel too tired for clinical, it really does make you a better nurse and allow you to apply the knowledge you’ve learned in class to the clinical setting. In this clinical experience one thing I think I could have done better was talk to the patient more during the procedure. I feel like I was very focused om not messing up and forgot to comfort and talk to my patient to the extent I would have liked.  |
| **New Perspective****(N)** | * Incorporates specific examples of how this new/enhanced knowledge will be implemented into future practice as a nurse.
* Identifies a nursing resource(s) that will assist to develop this aspect of practice (e.g. identify a specific nursing textbook etc.).
 | * No specific examples for implementation into future practice are incorporated.
* Does not identify a nursing resource to assist with learning
 | This knowledge about the impacts of practicing skills in clinical and the way it positively impacts you as a nurse makes me want to do better in clinical and really take in the opportunities clinical can offer me. I can use the knowledge I learn in my theory class to help me enhance my clinical experience.  |
| **Concept Identification** | * Identifies and describes key curricular concepts that influence the experience (minimum one in 1st year; two in 2nd year; three in 3rd year; minimum four in 4th year)

(critical thinking, know-based practice, evidence informed decision-making, health, teaching & learning, professional practice, communication, leadership, collaboration, safety, person family centered care, and informatics) | * Does not identify and/or describe related curricular concepts that relate to the experience/reflection.
 | I think this experienced was influenced by know-based practice, because before I was able to do any skills in clinical, I had to practice them in lab and know what I was doing and why. Also, collaboration plays a part in my clinical experience because based on new knowledge I’ve learned from the article is that collaboration is a key aspect of learning in the clinical setting for nursing students.  |
| **References and APA Format** | * Scholarly article(s) and any additional resources (CNO, BPG) correctly cited in reflection in APA format.
* Title page in correct APA format
* Reference in correct APA format
 | * Incorrect APA format throughout reflection
* Incorrect APA format on title page
* Incorrect APA format for article(s) and/or other sources.
 | **Student Reference(s) in APA Format:** PG Amimaruddin, D. K. S. N. M., & RuditaIdris, D. (2022). Exploring Student Nurses’ Learning Experience in the Clinical Setting: A Literature Review. International Journal of Nursing Education, 14(1), 31–37. |
| **Grade:** | **□ Satisfactory □ Excellent**  |  **□ Unsatisfactory**  |  |
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