

Workshop Reflection:

Throughout the past two semesters I have taken numerous workshops that relate to helping others, classroom management, mental health, and local community charities. All of these workshops have taught me the importance of students and what challenges they overcome growing up. It has also helped me to prepare to help these students as a future educator. One of the most impactful workshops I attended was Big Brother, Big Sister, which is a local charity in Windsor, ON. This non profit organization was very eye opening and the presenters showed how volunteers have changed children's lives. Big Brother, Big Sister helps students who may be placed in foster care or children who are less fortunate. People volunteer to be their “Big Brother or Big Sister” and take them out for the day and do some fun activities with them. It is very important for these children to meet new people and forget about any difficulties they or their families may be facing. Big Brother Big Sister helps children from ages 6-18 in Windsor and Essex County. To become a mentor for a child there is an important and specific interview process so that children are being placed with safe and reliable people. This workshop helped me to realize the impact that the community can have on children and how I can help my students to the best that I can. Another workshop that I found very interesting was presented by the Regionals Children’s Center. This workshop discussed how children can go through different stages in their lives. The workshop also thoroughly went through different strategies that can help people to talk to students who may have trauma. Traditional and non- traditional strategies were taught and explained to see which will best help children. The Regional Children’s Center also delivered information about students feeling safe and how I can help students to feel that way in my classroom. There was a wide variety of workshops that I was able to choose from and I was able to pick ones that I felt would be helpful to me and my development. I chose a workshop that discussed the importance of inclusion, equity, and diversion. This workshop was presented by the University Of Windsor and was very eye opening and beneficial to me and engaging because I personally wanted to broaden my knowledge about this topic because classrooms are very diverse. I also wanted to further my knowledge about inclusion in the classroom, and how I can ensure that all my students feel a sense of belonging and inclusion in the classroom. With this I want my students to feel comfortable and be able to be themselves at school. The workshop focused on having a champion in your classroom and having a role model to look up to. I feel that a lot of students look up to their teachers and that means that I want to make sure that I am a strong role model for my students so they can look up to me.