QA Program Learning Plan Form

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| Selina Goldrick | 104556090 |
| Name | Student Number |
| 2 | Clinical Nursing Experience |
| QA Year | Course |
| Windsor Regional Hospital – Paediatrics  |
| Current Practice Setting |

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| Learning NeedsWhat learning needs did I identify through Practice Reflection? |  |
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|  In my clinical evaluation from the previous semester my clinical professor recommended that I continue to work on integrating my nursing process and clinical worksheets. She encouraged me to continue to be willing to learn and to go more in depth while researching certain aspects of my clinical worksheets. I would like to focus on this for my first learning goal. |
| For my second goal I would like to focus on my integration of learning techniques with younger populations, because I have not had much experience with that age group. I would like to learn how to teach children about health screening for certain aspects that may drastically affect their health. |

 | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1 – Assertiveness and Leadership**What do I want to learn?Which practice document does my goal relate to? |  |
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|  I would like to demonstrate knowledge and improvement in completion of my weekly clinical worksheets. I would like to show this in understanding the physical changes and symptoms that the infection respiratory syncytial virus can cause on children. The College of Nurses of Ontario outlines in their document about Continuing Competencies that the nursing process is broken down into six categories, two of those categories being knowledge and knowledge application. This relates to my learning goal because it will help me reach my goal of understanding the nursing process and applying my knowledge to my clients and the completion of my clinical worksheets. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps to achieve my goal:* Summarize an article about the infection RSV (Complete by: January 27th, 2019 at 17:00)
* Complete a practice clinical worksheet for a child diagnosed with RSV (Complete by: February 3rd, 2019 at 17:00)
* Review Chapter 38 in Canadian Fundamentals of Nursing (Complete by: February 3rd, 2019 at 17:00)
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| **Learning Goal #2 – Improve and Learn New Clinical Skills**What do I want to learn?Which practice document does my goal relate to? |  |
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|  I would like to demonstrate improvement in learning techniques for younger age groups. I would like to try these techniques while performing health teaching. The College of Nurses of Ontario outlines in their document about Continuing Competencies that nurses “select communication techniques that are appropriate for the client’s circumstances and needs”, this relates to my learning plan because it will help me further my communication skills.  |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps to achieve my goal:* Research communication techniques for children (Complete by: February 17th, 2019 at 17:00)
* Use a communication technique that I researched in the clinical setting and write a CPE about it (Complete by: February 3rd, 2019 at 17:00)
* Review a Chapter 17 in Canadian Fundamentals of Nursing (Complete by: March 10th, 2019 at 17:00)
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| **How do my learning goals support my commitment to continuing competency?**How does my learning relate to the competencies of my practice? |  |
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|  If these activities are implemented now, I can improve on practices and skills that I am unsure about, in order to perfect them in future practice. By learning these new skills I am becoming a more competent nursing student and will hopefully be able to integrate these skills into my nursing care. |

 | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**What did I learn?What impact has my Learning Plan had on my practice? |  |
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| I learned a great amount over the semester including how to correctly fill out new documentation in the hospital and how to fill out clinical worksheets more in depth. I additionally learned new communication techniques in order to be able to communicate with younger population such as kindergarten, aged children. My learning plan has impacted my practice by making me more aware of skills that I wanted to learn so that when opportunities to achieve my goal came up in the clinical environment I made sure that I was able to do it. For example when my professor asked if I would like a patient with an IV or in school health when I was offered to do the health teaching about lice to a student and her parents. |

 | You can print your Learning Plan for your records. |

References

College of Nurses of Ontario. (2014). *Continuing Competencies*[PDF]. Toronto: College of Nurses of Ontario.