QA Program Learning Plan Form

|  |  |
| --- | --- |
| Selina Goldrick | 104556090 |
| Name | Student Number |
| 2 | Clinical Nursing Experience |
| QA Year | Course |
| Windsor Regional Hospital – 7 West | |
| Current Practice Setting | |

|  |  |
| --- | --- |
| Learning Needs  What learning needs did I identify through Practice Reflection? |  |
| |  | | --- | | In my clinical evaluation from the previous semester my clinical professor recommended that I improve with assertiveness, and leadership abilities to demonstrate my problem solving skills. I have chosen this as a learning goal to improve on, because I feel that I could be more assertive in the clinical setting. This will allow me to make changes and decisions during patient care to be able to advocate for my patients. | | For my second learning goal I would like to improve on my clinical skills. For example improving my head to toe assessment. I would like to work on this in order to be able to give the best possible patient care, and so that I am able to further improve my assessment skills. | | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

|  |  |
| --- | --- |
| **Learning Goal #1 – Assertiveness and Leadership**  What do I want to learn?  Which practice document does my goal relate to? |  |
| |  | | --- | | I would like to demonstrate new techniques and ways of communicating that show assertiveness and leadership while interacting with clients and peers.  The College of Nurses of Ontario outlines in their document about Professional Standards that “[nurses are responsible for] sharing nursing knowledge and expertise with others to meet client needs” this relates to my learning plan because it will help me reach my goal of becoming more assertive and educating clients. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

|  |
| --- |
| **Goal #1 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | Steps to achieve my goal:   * Research communication techniques (Complete by: 1st of November, 2018) * Create a checklist of techniques to try in the clinical setting (Complete by: 1st of November 2018) * Write a journal about how I used a new communication technique (Complete by: Midterm) | |

|  |  |
| --- | --- |
| **Learning Goal #2 – Improve and Learn New Clinical Skills**  What do I want to learn?  Which practice document does my goal relate to?  similarly try to make your goal a SMART format, make sure that it is specific concise in the appropriate format. I think that your head to toe is an good goal just format it better :) |  |
| |  | | --- | | I would like to demonstrate improvement on head to toe assessments by midterm.  The College of Nurses of Ontario outlines in their document about Professional Standards that nurses demonstrate standards by “ensuring that [registered nurses] receive the appropriate education, support and supervision when acquiring new knowledge and skills” this relates to my learning plan because it will help me further my clinical assessment skills. It will help me make sure that I am confident, so I am performing and practicing skills correctly. | | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.  Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

|  |
| --- |
| **Goal #2 Activities and Timeframes**  How am I going to achieve my goal? |
| |  | | --- | | Steps to achieve my goal:   * Practice head to toe assessments in the clinical lab (Complete by: September 24th, 2018) * Be critiqued when performing a head to toe assessment by the professor in the clinical setting (Complete by: September 24th, 2018) * Practice charting a head to toe assessment independently and have the professor check it over before recording it in the patients chart (Complete by: End of September, 2018) | |

|  |  |
| --- | --- |
| **How do my learning goals support my commitment to continuing competency?**  How does my learning relate to the competencies of my practice? |  |
| |  | | --- | | If these activities are implemented now, I can improve on practices and skills that I am unsure about, in order to perfect them on clients in my placement. By learning these new skills I am becoming a more competent nurse, and learning new skills that I can use throughout the entirety of my nursing career. | | Continue to maintain and update your Learning Plan throughout the year. |

|  |  |
| --- | --- |
| **Evaluation of changes/outcomes to my practice**  What did I learn?  What impact has my Learning Plan had on my practice? |  |
| |  | | --- | | In this clinical semester I have learned how to complete head to toe assessments, became more assertive and improved my leadership skills. I believe I met my goal of improving my head to toe assessments because by midterm I was able to complete all activities in the timeframes I outlined. I was able to complete 2 of my assertiveness and leadership goals. I would like to continue to work on assertiveness and completing tasks at earlier convenient times instead of leaving them to the last possible moment. Other than that I feel that I achieved my goals and would like to continue to create future goals to improve my clinical skills and experiences. | | You can print your Learning Plan for your records. |

References

College of Nurses of Ontario. (1996, June). *Professional Standards*[PDF]. Toronto: College of Nurses of Ontario.