QA Program Learning Plan Form

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| Selina Goldrick | 104556090 |
| Name | Student Number |
| 2018 | 11-63-174 |
| QA Year | Course |
| Chateau Park LTCH |
| Current Practice Setting |

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| Learning NeedsWhat learning needs did I identify through Practice Reflection? |  |
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|  In my clinical evaluation from the previous semester my clinical professor recommended that I improve with confidence around peers, use of theories such as Bevis, and use of critical thinking while writing CPEs. I have chosen documentation as a fourth goal to improve on because I feel that I could be more concise and more accurate while recording information and while writing. |

 | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1 – Confidence** What do I want to learn?Which practice document does my goal relate to? |  |
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|  I plan to work on my confidence by answering at least one question per class, sharing my ideas more often with my peers, and improving my communication with clients by having meaningful conversations with patients in the clinical setting. This will help build my confidence in the clinical setting so that I can better care for clients. I plan to implement these tactics in the month of February. The College of Nurses of Ontario outlines in their document about Professional Standards in Leadership that “nurses in the educator role meet the standards by role-modelling the development of expertise and leadership qualities, and enabling others to develop expertise and confidence in their abilities” this relates to my learning plan because it will help me reach a confidence level so that I can share ideas and hopefully educate others on skills I have learned. It will also help me to learn new skills that my peers are able to teach. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps To Achieve My Goal:1. Answer 1 question per class, or share during post conference (For the month of February on Tuesdays)
2. Share an experience with a peer either during the day or during post conference (For the month of February on Tuesdays)
3. Take the time to learn something about a client or have a meaningful conversation once per clinical day (For the month of February)
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| **Learning Goal #2 – Theories**What do I want to learn?Which practice document does my goal relate to? |  |
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|  Theories are the base of nursing practice; they can be linked to any skill, small or large performed by a nurse. I would like to begin enhancing my journals by implementing theories further. In order to achieve this I would like to incorporate Bevis’ Frameworks and Practice into all of my journals, start making connections from theories learned in Introduction to Nursing into my journals, and use theories as examples in my CPEs. On the College of Nurses of Ontario website in the Professional Standards: Knowledge Application document it informs that, “nurses apply knowledge to practice using nursing frameworks, theories and/or nursing processes” this relates to my goal because nursing theories and frameworks are the backbone of nursing skills. I believe this will help me in the future to care for patients and improve my basic skills, communication, and writing skills. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps to Achieve My Goal:1. Incorporate Bevis’ Frameworks and Theories into all journals (Due when assigned by clinical professor)
2. Make a connection to a theory learned in Introduction to Nursing in one journal (Due Friday, November, 26th, 9:00pm)
3. Make a connection to a nursing theory in one CPE (Due by March 31st, 2018)
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| **Learning Goal #3 – Critical Thinking** What do I want to learn?Which practice document does my goal relate to? |  |
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|  I plan to work on my critical thinking while writing CPEs, asking questions when I do not understand the context of CPEs, and applying my knowledge base to clinical scenarios to include better examples and further the writing level. I plan to implement this in the month of February and compare it to my writing level in CPEs from the previous semester. The College of Nurses of Ontario outlines in their document about Professional Standards: Ethics that nurses “are expected to encourage and support critical thinking and dialogue” this relates to my learning plan because it will help me further my critical thinking and expand on ideas of my peers. It will also help me make higher-level connections in the clinical environment. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #3 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps To Achieve My Goal:1. Improve my critical thinking while writing CPE’s, goal would be to make less corrections (Compare number of corrections at the end of the semester to CPEs from the previous semester)
2. Asking questions about how I can improve a CPE if it does not pass in the marking stage (When a CPE gets marked unmet or less than 3)
3. Include at least one example of how I applied the CPE scenario in a clinical setting (All CPE’s as they are able to be completed corresponding with the clinical curriculum)
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| **Learning Goal #4 – Documentation**What do I want to learn?Which practice document does my goal relate to? |  |
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|  I have noticed how important precise documentation is in the clinical setting. In order to implement better documentation techniques I would like to double check all documents that I create or write on, have any important documentation looked over by a peer to prevent mistakes, and making sure to initial anything that I document so that I am responsible for any mistakes.  On the College of Nurses of Ontario website in the documentation file it informs that “nursing documentation is an important component of nursing practice and interprofessional documentation that occurs within the client health record” this relates to my goal because correct documentation is essential for client health records. I believe this will help me in the future to keep accurate patient health records and deter from preventable mistakes by having peers look over appropriate documents and double checking my own documentation when peer review is not appropriate. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #4 Activities and Timeframes**How am I going to achieve my goal? |
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| Steps To Achieve My Goal:1. Look over and proof read documents that I write/write on (All documents as assigned by clinical instructor)
2. Have my journals edited by peers before being handed in to prevent mistakes (All journals assigned by clinical instructor)
3. Signing or initialing any documents as a nursing student so that the professionals know that a nursing student documented that specific information (Any documents that I enter data onto in the clinical setting)
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| **How do my learning goals support my commitment to continuing competency?**How does my learning relate to the competencies of my practice? |  |
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|  If I implement these goals now, I can improve issues that I am having now rather than after I make a mistake. I think the goals that I have set will help me as a future nurse and help me gain skills that I believe and the College of Nurses of Ontario deems important. Not only will these skills become relevant in my nursing career, but also can be applied to my clinical placement. |

 | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**What did I learn?What impact has my Learning Plan had on my practice? |  |
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|  I learned that critical thinking is one of the most important aspects of a nurse’s career. Confidence is important to display while performing tasks around patients to make them feel at ease. I learned many new skills to help further my knowledge as a nurse that can help me in the future such as perineal care and the use of nursing theories in my writing. I learned that it can make a difference if you double check writing before handing in assignments and applying nursing theories and frameworks to applicable assignments. Double-checking all written documents can help make sure documentation for client health records is accurate. |

 | You can print your Learning Plan for your records. |

College of Nurses of Ontario. (2008). *Documentation*[PDF]. Toronto: College of Nurses of Ontario.

College of Nurses of Ontario. (2006). *Professional Standards: Ethics*[PDF]. Toronto: College of Nurses of Ontario.

College of Nurses of Ontario. (2006). *Professional Standards: Knowledge Application*[PDF]. Toronto: College of Nurses of Ontario.

College of Nurses of Ontario. (2006). *Professional Standards: Leadership*[PDF]. Toronto: College of Nurses of Ontario.