

Social and Emotional Learning with School Aged Children Workshop

Suggestions made in the workshop:

- Making a phone call about what's going right
- An open ended survey about how can we work as a team with parents
- Asking a question to parents: what are the hopes and dreams you have for your child → we want the best for our child
- Homework night/ family night
- Homework that is not math or literacy → moral dilemma, interviews with people, an activity that encourages family bonding
- Parent involvement could be adding to the blog or have an "assignment" that includes the parents
- We are a team with parents and we both don't know everything → we're working together
- Watch your body language when you are dealing with children
 - Are your non-verbals judgmental?
 - Are your non-verbals biased?
 - Is your stance leaning towards one child or one parent?

- The Golden Rule is Empathy → treating someone how they want to be treated
- The Platinum Rule is Sympathy → treating someone how you want to be treated
- "Don't be afraid to be authentic, real and imperfect" by Rachel Ann Stewart

Professor Rachel Ann Stewart is an absolute inspiration. This was a life changing workshop.