QA Program Learning Plan Form

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| Reem Boudali | 110007510 |
| Name | Student Number |
| 2 | NURS2622-15 |
| QA Year | Course |
| WRH Met 7N |
| Current Practice Setting |

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| Learning NeedsWhat learning needs did I identify through Practice Reflection? |  |
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| In my final assessment for clinical last semester, one area of improvement I identified was safely boosting and transferring patients.I also want to improve my time-management skills to be able to handle greater patient loads. |

 | Haven’t done Practice Reflection yet? Use the Practice Reflection worksheet to help you identify your strengths and learning needs. |

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| **Learning Goal #1**What do I want to learn?Which practice document does my goal relate to? |  |
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| By the end of consolidation, my confidence with transferring and boosting patients will increase from a 4/10 to an 8/10. |

 | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #1 Activities and Timeframes**How am I going to achieve my goal? |
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| - I will review the CPEs for transferring patients (regularly, with one-sided weakness, 2 assists, etc.) and for boosting patients in bed- I will read Chapter 3 on Safe Patient Handling, Positioning, and Transfers of Clinical Procedures for Safer Patient CareDoyle, G. R., & McCutcheon, J. A. (2015). Clinical procedures for safer patient care. *B.C. Open Textbook. https*://opentextbc.ca/clinicalskills/chapter/3-1-introduction-2/- I will ask for advice and tips from colleagues and nurses on the floor |

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| **Learning Goal #2**What do I want to learn?Which practice document does my goal relate to? |  |
| By the end of consolidation, I will improve my time management r/t caringS for 2 acute patients care by completing all assessments, care, and documentation by the end of my shift and I will have taken all my breaks. I hope to be able to handle and properly care for 3 patients by the end of consolidation. | Need help creating a goal? Review the *Developing SMART Learning Goals* guide.Your learning goal must be based on your current practice setting and one of the College’s practice documents. |

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| **Goal #2 Activities and Timeframes**How am I going to achieve my goal? |
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| - I will have all patient assessments completed by 0730- AM care will be completed by 1030- Patient documentation will be completed by 1600h |

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| **How do my learning goals support my commitment to continuing competency?**How does my learning relate to the competencies of my practice? |  |
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| - Promote safe positioning of my client- Ensure my physical safety (no injury, no straining of the back, etc.)- Prevent burnout and increase self-confidence- Promote task mastery that will in turn reduce errors- Ensures all patients get adequate care and time to have assessments completed |

 | Continue to maintain and update your Learning Plan throughout the year. |

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| **Evaluation of changes/outcomes to my practice**What did I learn?What impact has my Learning Plan had on my practice? |  |
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| * There are various methods that can be implemented to increase staff safety when transferring/boosting patients such as the use of mechanical lift or slide sheets. Another method is to trend the bed downwards to easy lifting.
* Overall, I have increased confidence in patient safety and management
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 | You can print your Learning Plan for your records. |